Charity Registration No. 1142357 Company Registration No. 07504966 (England and Wales)

MIND IN BRADFORD

TRUSTEES'/MANAGEMENT COMMITTEE REPORT AND UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2017

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LEGAL AND ADMINISTRATIVE INFORMATION

Trustees/Management Committee John Vincent (Chairperson) (appointed 2 October 2017)

Christopher Green Andrew Hurst Andrew Richardson Louise Slater

Company Number 07504966

Charity Number 1142357

Registered office Tradeforce Buildings

Cornwall Place Bradford West Yorkshire BD8 7JT

Independent Examiner Stuart B Lodge FCA

Stuart B Lodge & Co Chartered Accountants 44 Bradford Road

Idle Bradford West Yorkshire BD10 9PE

Bankers Caf Cash Ltd

Kings Hill West Malling ME19 4TA

Yorkshire Bank Plc 14 Broadway Bradford West Yorkshire BD1 1EZ

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TRUSTEES'/MANAGEMENT COMMITTEE REPORT FOR THE YEAR ENDED 31 MARCH 2017

The Board of Trustees present their report and accounts for the year ended 31 March 2017.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Articles of Association, the Charities Act 2011 and the Companies Act 2006.

Structure, Governance and Management

The Charity was registered at the Charity Commission on 10 June 2011 having previously been incorporated on 25 January 2011.

The Trustees/Company Directors who served during the year were:

Christopher Green (Former Chairperson)
Jill Cliffe (resigned 27 April 2017)
Julie Carr (resigned 6 March 2017)
Andrew Hurst
Trevor Ramsay (resigned 15 May 2017)
Andrew Richardson
Atif Bostan (resigned 16 October 2017)
Ali Hussain (resigned 5 February 2017)
Louise Slater

Our Board of Trustees comprises of a minimum of three Trustees/Company Directors. We actively encourage applications from past or current service-users. We are also committed to ensuring that its Board of Trustees consists of a diverse mix of people, in terms of socio-economic background, skills and expertise. This will ensure that we are able to effectively govern in accordance with our mission statement, charitable objectives and statutory obligations.

In observance with the Trustee Recruitment, Selection, Induction, Training and Retirement Policy, all applicants are subject to a robust application procedure. The process includes completion of an application form, an enhanced DBS check, external references and an interview.

Throughout the year, we may require additional knowledge and expertise, and to this end may co-opt additional Trustees. These Trustees may remain in post until the subsequent AGM, where their ongoing appointment is subject to ratification.

Objectives and Activities

Our objectives are to raise public awareness and to work for the rights and benefits of those with mental health issues.

In setting out our objectives, the Trustees have paid due regard to the Charity Commission's general guidance on public benefit, and in particular the advancement of education and well-being, and the relief of those in need by reason of ill-health.

Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.

Achievements and Performance

"Thank you so very much for saving my life on New Year's Eve, I shall never forget it. I think you do a fantastic job, you are all so kind" – a great reminder of why we are here.

This year we were pleased to launch the groundbreaking, innovative Maastricht Interview Centre in partnership with the National Paranoia Network; a pioneering therapeutic intervention for voice hearers and those who experience paranoia. The demand for this service has been exceptional and we are hoping to expand in the future.

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

In line with our strategic plan and the aim of diversifying income streams, we made successful applications for two new employment-focused services. The Job Centre Plus (JCP) Wellbeing Service and the Journey 2 Employment Scheme (J2E). Each of these services will provide crucial support to those with mental health issues who are currently seeking employment and engaged with the Job Centre. The Wellbeing Service went live in February this year and we expect both J2E services to commence operation in June.

This year, our Sanctuary service, providing support and relief for people in crisis and offering an alternative to inpatient admission, won an award from the Bradford Districts Clinical Commissioning Groups which recognised our partnership work.

In recognition of the important contribution our services make to the mental health and wellbeing of local people, our funding from NHS Bradford and District, City of Bradford MDC and Bradford and Airedale CCG Collective was extended for a further twelve months.

Mission and Activities

Mind in Bradford's mission is to:

- Provide services that support adults living with emotional and mental distress.
- 2. In partnership with other organisations, empower people to take control, improve their lives and achieve their goals.
- 3. Respect each individual and respond to the needs of the diverse local community.

Our mission is primarily fulfilled through local events and the provision of six core services; 'Guide-Line', the 'Drop-In', 'Health and Well-being', 'Maastricht Interview Centre', 'JCP Well-Being Project' and 'The Sanctuary'.

Guide-Line

Guide-Line is our confidential telephone help-line service, offering mental health information and support to any adult experiencing emotional or mental health issues.

Guide-Line is open from 12 noon to 9 pm, 365 days per annum and is operated by a team of committed, rigorously trained and empathic staff and volunteers.

Over the course of last year, we answered in excess of 7,000 calls.

What do our service-users say?

"My daughter was really struggling and I felt out of my depth and really worried about her safety. I called Guide-Line and was impressed by their knowledge of techniques I could use and other organisations whom I could seek help from. Thank you so much!"

"I appreciate enormously a service which is available every day of the year which I can access from the comfort of my own home when I am feeling distressed and overwhelmed."

"Often I'm housebound and this gives me access to the support I need. Without it, I'd be lost."

"Thank you, please don't ever stop doing what you're doing."

"I can't talk to any of my mates, they don't understand, I have nowhere else to turn but you, cheers."

The Sanctuary

The Sanctuary is our leading crisis service which provides a calm, safe space for adults experiencing emotional or mental distress, and is often used as an alternative to hospital admission or police custody. We receive referrals from "First Response" and are open 365 days per annum from 6pm – 1am.

First Response is operated by Bradford District Care NHS Foundation Trust and offers support 24 hours a day, seven days a week, to people of all ages experiencing a mental health crisis, who live within the Bradford, Airedale, Wharfedale and the Craven District.

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

What do our service-users say?

"You are all amazing. I have never felt judged, I can tell you anything. I feel so at home here and leave feeling so much better. I hope this service is around for a long time as it was badly needed."

"My experience at the Sanctuary has been amazing".

"I came to Mind feeling very anxious and scared but after talking to Emma and Henisa I felt much better".

"As ever, accommodating and genuinely caring".

"I've realised that Sanctuary is helping me heal significantly. Medication has a place but care, compassion and hearing does too, in fact a bigger role".

"Today I wanted to throw myself under a truck, Kate has given me hope, she listened, it was what I needed and I feel so much better, thank you".

Health & Well-Being

Our Health and Well-Being service provides a range of groups held at our main office and within the local community, aimed at enhancing physical and mental well-being. For example T'ai Chi, Good Food for Good Mood, Men's Moving Forward and the Anxiety Support Group.

Over the last 12 months, we provided over 520 groups and welcomed in excess of 5,000 visitors.

What do our service-users say?

"This is where I began to learn, for the first time in my life, where my mental health emanated from and the essential skills to start dealing with it. It was also the first time I felt real hope that I could actually get better."

"I went from struggling to get through each week to finally having something to look forward to and more structure in my life."

"It's nice to meet other people with similar experiences who I can learn from and relate to. I've also found it really motivational."

"My mental health is always up and down, being able to come to groups when I am able to has been a great help to me and really eased the pressure."

"The staff are inspirational!"

JCP Well-Being Project

The JCP Well-Being Project works with individuals who have been referred by their Job Centre Work Coach for additional mental health information and support. Working in a person-centred way, we devise a bespoke action plan which encompasses social prescribing and the person's unique requirements. Where appropriate, we offer a Wellness Recovery Action Plan Course (WRAP).

What do our service-users say?

"WRAP group has been good and I'm now volunteering".

"I have a more positive self-image, made new friends and I am more aware of services in the area".

"It has helped enormously. Alan is an inspiration".

"I have more hope for the future".

"I would encourage anybody who is struggling with their mental health issued to use this service".

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

Drop-In

The Drop-In offers a unique, safe, non-judgemental and supportive environment which enables adults to socialise, participate in a range of activities and groups and access information and advice; helping to improve mental and emotional well-being, reduce isolation and tackle stigma.

Over the last 12 months, we have provided over 260 sessions, welcoming over 10,000 visitors.

What do our service-users say?

"It's a great place for relieving isolation and everybody there just gets it, no need to feel different or awkward".

"It keeps me alive".

"Without the Drop-In my life would be lonely and the only people I would see would be my CPN, GP or Support Worker".

"I've made so many friends and met people who encourage and support me".

"The anxiety and depression groups have helped me to understand my problems and taught me techniques which help on a day to day basis".

Maastricht Interview Centre

In collaboration with the National Paranoia Network, we launched Bradford's first 'Maastricht Approach Centre'. Our new service offers a radical approach to working with 'voice hearers' and those experiencing 'paranoia'.

The 'Maastricht Interview' is a semi-structured questionnaire that is used as a therapeutic approach with voice hearers. This approach enables those who hear voices to gain a greater insight into their experience and to form a relationship with their voices. This is designed to help improve quality of life and increase control.

What do our service-users say?

"It has helped me by talking about it. I feel so much happier and go our more".

"I am not as scared now".

"I feel less scared; I do not need hospital help ... less suicidal".

"It is hard but worth it; workers are nice and support".

Financial Review

Mind in Bradford made a surplus in the year of £83,427 (2016: £30,959).

Total income for the year was £630,655 of which £564,950 was grant support. Total expenditure was £547,228 of which £198,197 was specific restricted costs, £344,019 unrestricted and £5,012 designated.

The total at 31 March 2017 of Mind's "free reserves" (Unrestricted Funds less Capital Assets) was £149,538 still short of the figure required to fulfill the Charity's Reserves Policy of three months running costs.

Plans for the Future

We are working in positive collaboration with our commissioners, fellow services providers and national Mind colleagues to continue to modernise and improve our services, to ensure that together we can make the biggest positive difference to the most people possible, in line with the strategy for mental wellbeing in Bradford District and Craven.

TRUSTEES'/MANAGEMENT COMMITTEE REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

Part of that continued modernisation and improvement will involve the relocation of our HQ and provision of services from multiple sites, in order to improve access for more of the people that we're here to serve across Bradford District and Craven.

Statement of Directors Responsibilities

The trustees/management committee of MIND in Bradford are responsible for preparing the Trustees/Management Committee Annual report and accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees/management committee to prepare accounts for each financial year. Under company law the trustees/management committee must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these accounts the trustees/management committee are required to:-

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements that are reasonable and prudent;
- state whether UK accounting standards have been followed, subject to any departures disclosed and explained in the accounts; and
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees/management committee are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and disseminator of accounts may differ from legislation in other jurisdictions.

The trustees/management committee are responsible for maintaining proper accounting records which disclose at anytime the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006, and the Charities Act 2011. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Board of Trustees/Company Directors

C. Green. CHRISTOPHER GREEN.

Trustee/Management Committee

Dated: 04-12.17

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES/MANAGEMENT COMMITTEE OF MIND IN BRADFORD

I report on the accounts of the Charity for the year ended 31 March 2017, which are set out on pages 7 to 18

Respective Responsibilities of Trustees/Management Committee and Examiner

The Trustees/Management Committee, who also act as Directors for the charitable activities of Mind in Bradford are responsible for the preparation of the accounts. The Trustees/Management Committee consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011, (the 2011 Act) and that an Independent Examination is needed. The Charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a Chartered Accountant.

Having satisfied myself that the Charity is not subject to audit under company law and is eligible for Independent Examination it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act:
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;

have not been met; or

(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Stuart B Lodge FCA
Stuart B Lodge & Co
Chartered Accountants
44 Bradford Road
Idle
Bradford
West Yorkshire
BD10 9PE

Dated: 13 DEZEMBER 2017

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2017

	Unrestricted		Designated	Restricted	Total	Total
	Notes	Funds £	Funds	Funds £	2017 £	2016 £
Income		_	_	_	_	_
Voluntary Income Investment Income Incoming Resources from Charitable	2 3	48,062 7,152	-	-	48,062 7,152	20,793 474
Activities Other Incoming Resources	4 5	341,500 10,491	-		564,950 10,491	
Total Income		407,205	-	223,450	630,655	583,976
Expenditure						
Charitable Activities	6	344,019	5,012	198,197	547,228	553,017
Total Expenditure		344,019	5,012	198,197	547,228	553,017
Net income/(expenditure) Net movement in funds before transf	ers	63,186	(5,012)	25,253	83,427	30,959
Transfers between funds		16,077	(16,077)	-	-	-
Net income/(expenditure) Net movement in funds after transfer	'S	79,263	(21,089)	25,253	83,427	30,959
Total funds brought forward		70,767	24,077	7,345	102,189	71,230
Total funds carried forward		150,030	2,988	32,598	185,616	102,189

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BALANCE SHEET AS AT 31 MARCH 2017

	Notes	Unrestricted funds	Restricted funds	Designated funds £	2017 Tota funds	I Total funds
Fixed Assets	9	492		-	492	1,511
Current Assets Debtors Cash at Bank and in Hand	10	79,421 87,822	8,023 146,279	5,903	87,444 240,004	11,650 220,200
Total Assets		167,735	154,302	5,903	327,940	233,361
Creditors: Amounts Fallin Within One Yea		(17,705)	(121,704)	(2,915)	(142,324)	(131,172)
Total Assets less Current	Liabilitie	s 150,030	32,598	2,988	185,616	102,189
The Funds of the Charity						
Unrestricted Funds Restricted Funds Designated Funds	12 13	150,030	32,598	- - 2,988 	150,030 32,598 2,988	70,767 7,345 24,077
Total Charity Funds		150,030	32,598	2,988	185,616	102,189

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2017. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The Trustees/Management Committee acknowledge their responsibilities for:

- (a) ensuring that the Company keeps accounting records which comply with section 386 of the Act and;
- (b) preparing accounts which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the Company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies regime.

The accounts were approved by the Board on

4/12/17

Trustee/Management Committee

Company Registration Number: 07504966

STATEMENT OF CASHFLOWS AS AT 31 MARCH 2017

	Notes	2017 £	2016 £
Cash used in operating activities	15	19,402	(33,647)
Cashflow from investing activities Interest income		402	474 ———
Increase/(decrease) in cash equivalents in the year		19,804	(33,173)
Cash equivalents at the beginning of the year		220,200	253,373
Total cash equivalents at the end of the year		240,004	220,200

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2017

1. Accounting Policies

1.1 Basis of Preparation

The accounts have been prepared under the historical cost convention unless otherwise stated.

The accounts are prepared in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The charity constitutes a public benefit entity as defined by FRS102.

Having considered future planned activities and the reserves available to the charity, the directors are satisfied that the financial statements should continue to be prepared on a going concern basis.

1.2 Incoming Resources

Core funding grants and restricted funding grants are credited to the income and expenditure account at the time of receipt. Donations and legacies are accounted for when received by the Charity.

Other income including receipts from the cafe and vending machine are also recognised at the time of receipt, whilst income from caravan lettings is only recognised in the period to which it relates.

Income, specifically capital grants, may be deferred at the discretion of the Trustees/Management Committee into the period to which it relates, but only at the agreement of the funders.

1.3 Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

1.4 Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:-

Fixtures and fittings and equipment

3 years straight line

It is the policy of the charitable company to only include on the balance sheet individual items of a capital nature which cost £1,000 or more.

1.5 Leasing and Hire Purchase Commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease.

1.6 Pensions

The Charity operates a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

1.7 Accumulated Funds

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Funds may be designated at anytime by the trustees/management committee if such a purpose is identified.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

2. Voluntary Income

۷.	voluntary income	Total 2017 £	Total 2016 £
	Core Income	48,062	20,793
	Core Income Unrestricted Funds: Legacy – Barbara Whilde Donations Tuck Shop Sales Meals Training Income Membership Fees Socials and Trips Vending Machine Sales Student Placement Fees	32,591 8,466 4,272 483 2,075 175 - - - - 48,062	9,790 4,927 616 - 84 540 686 3,400
	Restricted Funds: Donations		750
3.	Investment Income	2017 £	2016 £
	Bank Interest Received Room Hire	402 6,750	474
		7,152	474

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

4.	Incoming Resources from Charitable Activities:	2017 £	2016 £
	Grants and Donations Receivable	564,950	550,477
	Unrestricted Funds: Bradford & Airedale CCG Collaboration City of Bradford MDC Mental Health Grant	282,400 59,100	282,400 59,100
	,	341,500	341,500
	Restricted Funds: City of Bradford MDC Public Health Grant (Health & Well-Being) NHS Bradford & District Resilience Funding (Sanctuary) Lloyds Bank Foundation West Yorkshire Police Safer Communities Sport England The Big Lottery Local Sustainability Fund Job Centre Flexible Support Fund Brelms Trust	26,400 101,944 25,000 5,000 10,000 48,413 6,693	26,400 150,142 25,000 - - - 7,435
5.	Other Income	2017 £	2016 £
	Salary recharges Services provided Sale of caravan Sale of carpets Sundry receipts	7,091 3,400 - - -	1,712 - 9,500 175 845
		10,491	12,232

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

6.	Charitable activities		
		2017	2016
		£	£
	Wages and Salaries	360,928	355,709
	Employers National Insurance	16,930	17,614
	Pension Costs	3,305	2,504
	Payroll Costs	740	690
	Recruitment Costs	179	320
	Staff Training	1,152	2,667
	Repairs and Renewals	2,755	30,273
	Cleaning and Domestic	715	914
	Maintenance Costs	2,489	2,924
	Rent, Rates and Water	39,810	39,774
	Light and Heat	7,024	7,476
	Insurance	3,134	3,090
	Contracted Services	25,088	20,414
	Publications	-	197
	Publicity and Promotion	98	778
	Room Hire	2,734	2,736
	Refreshments and Vending Machine Costs	749	3,387
	Office Supplies and Equipment	14,590	5,090
	Photocopying	8,339	5,849
	Telephone and Postage	10,594	8,341
	Minibus and Hired Vehicle Costs	-	1,156
	Travel Costs	8,694	9,686
	Independent Examination Fees	3,204	3,120
	Bank Charges	25	58
	Professional Fees	6,619	2,366
	Subscription and Memberships	2,135	1,415
	Training and Conferences	730	212
	Trustees and Volunteer Expenses	4,177	3,837
	Members Activities	5,832	12,851
	Bookkeeping and Consultancy	800	1,652
	Sundries	1,049	1,554
	Depreciation	1,019	4,363
	Grant repaid to funder	11,591	
		547,228	553,017

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

7. Trustees/Management Committee

None of the Trustees/Management Committee (or any persons connected with them) received any remuneration in the year. With the formal agreement of the Trustees/Management Committee £4,177 (2016: £3,837) was reimbursed to service users and other volunteers for out of pocket expenses.

8. Employees

Number of Employees

The average monthly number of employees during the year was:

The average monthly humber of employees during the year was.	2017	2016
Staff	14	16
		•
Employment Costs	2017	2016
	£	£
Wages and Salaries	360,928	355,709
Social Security Costs	16,930	17,614
Other Pension Costs	3,305	2,504
	381,163	375,827

The above figures for average monthly number of employees represents the full time equivalents. Based on the total number of staff (including part time staff) the average monthly figure was 31 (2016: 30).

There were no employees whose annual remuneration was £60,000 or more.

Social Security Costs are after the £3,000 (2016: 2,000) Employers Allowance.

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

9.	Tangible fixed assets	Fixtures, Fittings & Equipment £		Total £
	Cost At 1 April 2016	L		L
	And At 31 March 2017	74,039		74,039
	Depreciation			
	At 1 April 2016	72,528		72,528
٠	Charge for the Year	1,019		1,019
	At 31 March 2017	73,547.		73,547
	Net Book Value			
	At 31 March 2017	492		492
	At 31 March 2016	1,511		1,511
10.	Debtors			
			2017 £	2016 £
	Trade Debtors		81,272	366
	Prepayments and Accrued Income		6,172	11,284
			87,444	11,650
11.	Creditors: Amounts falling due within one year		2017 £	2016 £
	Creditors and Accruals		33,662	23,683
	Other Creditors Other Taxes and Social Security Costs		328 6,532	618 5,069
	Deferred Income		101,802	101,802
			142,324	131,172

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

12. Restricted Funds

The income funds of the Charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:-

	Movement in Funds				
	Balance at 1 April 2016 £	Incoming Resources £	Resources Expended £	Balance at 31 March 2017 £	
City of Bradford MDC Public	~	-	-	_	
Health (Health & Well-Being)	-	26,400	(26,400)	-	
Lloyds Bank Foundation	-	25,000	(22,503)	2,497	
NHS Bradford & District Resilience		•	, , ,		
Funding (Sanctuary)	-	101,944	(98,866)	3,078	
Brelms Trust	4,895	-	(4,895)	-	
Yorkshire Housing AIS Award	450	-	-	450	
Sunday Opening	2,000	-	(2,000)	-	
West Yorkshire Police Safer					
Communities	-	5,000	(885)	4,115	
Sport England	-	10,000	(1,400)	8,600	
The Big Lottery Local					
Sustainability Fund	-	48,413	(35,609)	12,804	
Job Centre Flexible Support Fund	-	6,693	(5,639)	1,054	
					
	7,345	223,450	(198,197)	32,598	

NHS City of Bradford MDC Public Health (Health & Well-Being)

This grant was for the Health and Well-Being Outreach Services which provided a programme of courses for quality of life enhancement.

Lloyds Bank Foundation

Funding received towards the salary of the Chief Executive Officer, to support Mind in Bradford, to help adults with a range of mental health difficulties, play a fuller role in the community, to bring about changes and benefits to the lives of Mind in Bradford's Service Users.

NHS Bradford & District Resilience Funding (Sanctuary)

Funding received to launch a ground breaking crisis service. Providing a critical out of hours support to adults experiencing mental or emotional distress. Used often as an alternative to A&E and Police Custody, it helps ensure vulnerable adults receive the best humane and appropriate support available for their needs.

Brelms Trust CIO

A grant received for the core costs of a Volunteer Co-ordinator.

Yorkshire Housing AIS Award

A grant received to enable a Service User's poetry book, to be printed by a publishing company.

Sunday Opening

A Service User agreed donation from the surplus from the Tuck Shop, which is run wholly by Service User Volunteers, to support four months costs of the Sunday Opening from April to July 2016.

West Yorkshire Police Safer Communities Fund

Funding to integrate a structured recovery pathway so partner organisations can refer victims/witnesses and perpetrators of crime who have mental health challenges to a co-ordinator at Mind in Bradford.

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

Sport England

To fund the introduction of weekly football coaching sessions encouraging participants with mental health illness to improve football skills to develop commitments and focus in the sport. The additional benefits of weekly exercise will improve their physical health and reflect improvement in their mental health through increased concentration, focus, contributions and acceptance in the wider community.

The Big Lottery Local Sustainability Fund

Funding to enable to investment in training staff and address the issues and challenges they face due to the decline in staff and income. This will assist in enabling Mind in Bradford to secure income stability and develop a skilful workforce which shall generate efficiency and income productivity. Funding specifically towards salaries, traiing, travel, volunteers and performance tools.

Job Centre Flexible Support Fund

To improve employment outcomes for all by providing increased help for people with underlying health conditions and strengthen Department of Work and Pensions links within communities.

13. Designated Funds

Designated Funds	Balance at 1 April 2016 £	Resources Expended £	Transfers £	Balance at 31 March 2017 £
Bradford & District Association for Mental Health (Guide-Line)	8,000	(5,012)	-	2,988
NHS Bradford & District (Outreach Programme)	16,077	-	(16,077)	-
	24,077	(5,012)	(16,077)	2,988

Bradford & District Association for Mental Health (Guide-Line)

The income received is for Guide-Line and is to fund the supervision of volunteer training courses and renovations and refurbishments at their premises.

NHS Bradford & District (Outreach Programme)

Income to be used for coaching and training in relation to Recovery Plans for Service Users and to assist with the cost of Marketing and Promotion, of the services provided and to increase the profile of Mind in Bradford in the Bradford area and local community in 2016/2017.

14. Commitments under Operating and Financial Leases

At 31 March 2017 the charity had annual commitments under non-cancellable operating and financial leases as follows:

	2017		2016	
	Buildings £	Other £	Buildings £	Other £
Expiry Date Within one year	36,529		36,529	2,807
Between two and five years	-	-	21,563	4,912

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2017

15. Reconciliation of net movement in funds to net cashflow from operating activities:

	2017 £	2016 £
Net movement in funds Deduct interest income Add back depreciation charge (Increase)/decrease in debtors Increase/(decrease) in creditors	83,427 (402) 1,019 (75,794) 11,152	30,959 (474) 4,363 6,592 (75,087)
	19,402	(33,647)