

## Job Description

Post	Mental Health Community Worker
Grade	25,281
Location	Kenburgh House, 28 Manor Row, Bradford, BD1 4QU with requirement to travel between service locations
Responsible to	Service Manager

### About us

Mind in Bradford is a registered charity with a clear purpose to promote positive mental wellbeing and empower and help people experiencing mental health problems to manage and work towards recovery and fulfilment. We do this through:

- Building community and individual resilience for better mental wellbeing
- Providing early intervention advice and support
- Supporting people in crisis
- Empowering and helping people to recover and sustain improved wellbeing.

Everything we do at Mind in Bradford is underpinned by our Values, which you will see below.

The information contained in this job description is not exhaustive but will give you an outline of the role and the duties required, and help you understand the role more clearly

### Our Values

- **Caring Always** - Be kind and compassionate. Listening to and valuing people.
- **Working Together** – Working together for a shared purpose. Working together to make the biggest positive difference.
- **Supporting Everyone** – Understanding, celebrating uniqueness and respecting all; reaching out, engaging and helping people feel safe.
- **Enabling All** – Making things possible. Giving hope and resources to make positive change.
- **Improving Continually** – Making the biggest positive difference. Listening and being creative to make the biggest positive difference.

## **Purpose of the post**

We're seeking to appoint a passionate and enthusiastic person to join our team of practitioners working within our CORE service.

Our CORE service supports people in the community who are experiencing serious mental illness and enables people to stay well and access community support as needed. You will work with people on a one to one basis, using goals-based outcomes to determine what people would like to achieve through their sessions. You will then develop and deliver session plans to keep people well and support them to better integrate and utilise wider community resources.

We're looking for someone who is able to work independently using their own initiative, as well as a team-player who can live our values of working together.

You will be joining a dedicated team of Practitioners, Coordinators and Managers all committed to ensuring that nobody across the Bradford District and Craven have to face a mental health issue alone.

## **Key duties**

- Develop session plans and deliver goal-based 1:1 intervention to adults either online, via phone or face to face. You will be expected to travel and work in a variety of community venues.
- Motivate, lead and encourage participation in wider community activities to enable people to stay well in the community
- Work in partnership with professionals and take a multiagency approach to providing support
- Have a good understanding of support services across the district and signpost/complete onward referrals to relevant services for people to access additional support.
- Complete individual needs assessments, risk assessments and outcome measures with people we support
- Record information electronically and maintain up to date records
- Work effectively with colleagues

## **General Duties**

- Promote equity, diversity and inclusion through your work
- Commit to self-development and undertake any training required to fulfil your role
- Participate in individual and group supervision and internal/external staff development including mandatory training related to the role
- Participate in supervision, training, team meetings and company days and complete training related to the role
- Be familiar with and consistently work within and comply with all Mind in Bradford policies and procedures

- Take responsibility, with colleagues, for ensuring that all Health and Safety, Safeguarding, Information Gathering and Equality & Diversity requirements are met and all other Company policies complied with
- Undertake any other reasonable duties as required to ensure the smooth running of Mind in Bradford

## Person Specification

Mind in Bradford is committed to promoting mental health awareness, reducing stigma, and improving the quality of life for people with mental health challenges. We value diversity, inclusion and lived experiences when recruiting our staff and volunteers.

	Essential
<b>Knowledge</b>	<ul style="list-style-type: none"> <li>• Understanding of the key issues within mental health, and the potential challenges that people may face</li> <li>• Knowledge of other relevant health &amp; social care organisations across the Bradford District &amp; Craven</li> <li>• Knowledge of risk management and health and safety issues</li> <li>• Understanding of safeguarding and good practice</li> <li>• Understanding of confidentiality and data protection</li> </ul>
<b>Experience</b>	<ul style="list-style-type: none"> <li>• Experience of working with children, young people or adults in a health, social care or any other relevant setting (this can include voluntary experience)</li> <li>• Experience of supporting people in a clear, meaningful and non-judgemental way either via telephone or in person (this can include voluntary experience)</li> <li>• Experienced and confident in managing challenging situations, and recognising and responding to safeguarding concerns (this can include voluntary experience)</li> </ul>
<b>Skills and abilities</b>	<ul style="list-style-type: none"> <li>• Excellent proven communication and organisational skills, including an ability to encourage and engage people in ways to make positive changes in their lives.</li> <li>• Excellent IT skills, including use of Microsoft Packages</li> <li>• Ability to work as part of a team and work alone and use own initiative</li> <li>• Ability to gather relevant information to support and assess risks</li> </ul>
<b>Personal qualities</b>	<ul style="list-style-type: none"> <li>• Healthy and secure personal boundaries</li> <li>• Committed, passionate and flexible with a can-do attitude</li> </ul>

	<ul style="list-style-type: none"><li>• Commitment to supporting people in a person-centred and non-judgemental way</li><li>• Committed to equity, diversity and inclusion.</li><li>• Understanding of and commitment to Mind in Bradford values</li><li>• Willingness to travel across the district if required.</li></ul>
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