

Charity Number: 1142357

Company Number: 07504966

Mind in Bradford

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2024

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Mind in Bradford

Legal and Reference Information

Trustees/Management Committee	Ruth Mulryne Colman (Chair) Christopher Green Andrew Hurst Annie Curie Parveen Malik Helen Woolnough (Appointed 14 March 2024) Jaspreet Kaur Sohal (Appointed 14 March 2024) Rosema Nawaz (Appointed 14 March 2024) Ian Lamb (Appointed 14 March 2024) Pauline Ferguson (Appointed 14 March 2024) Yasmin Khan (Appointed 14 March 2024) Karen Dawber (Appointed 14 March 2024) David Butcher (Appointed 14 March 2024)
Company number	07504966
Charity number	1142357
Registered office	Kenburgh House 28 Manor Row Bradford BD1 4QU
Independent Auditor	Azets Audit Services Limited 12 King Street Leeds LS1 2HL
Bankers	CAF Cash Ltd Kings Hill West Malling ME19 4TA

Mind in Bradford

Trustees' Report for the year ended 31 March 2024

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2024, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The Trustees/Company Directors who served during the year were:

Ruth Mulryne Colman (Chairperson)
Christopher Green
Andrew Hurst
Annie Curie
Parveen Malik
Helen Woolnough (Appointed 14 March 2024)
Jaspreet Kaur Sohal (Appointed 14 March 2024)
Rosema Nawaz (Appointed 14 March 2024)
Ian Lamb (Appointed 14 March 2024)
Pauline Ferguson (Appointed 14 March 2024)
Yasmin Khan (Appointed 14 March 2024)
Karen Dawber (Appointed 14 March 2024)
David Butcher (Appointed 14 March 2024)
Andrew Richardson (Resigned 29 September 2023)

Mind in Bradford was set up more than 30 years ago by a group of people who were looking for more mental health and wellbeing support. The organisation became affiliated to national Mind but is an independent charity which relies on its own resources to provide award-winning local services to people in Bradford, Airedale, Wharfedale and Craven.

The company is incorporated under The Companies Act as a company limited by guarantee and is governed by a memorandum and articles of association which outline the objects and powers of the company. The company is a registered charity and operates as a non-profit making organisation. As a company limited by guarantee, Mind in Bradford has no share capital. At 31 March 2024 there were 13 members.

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve, and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This will ensure we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote. The Board meets quarterly and the executive leadership team attend the meetings for accountability and reporting purposes.

The Board agrees the strategy and direction of Mind in Bradford, and delegates the day-to-day management of the organisation and the provision of services to paid staff and volunteers who work under the authority of the Chief Executive and the executive leadership team.

Objectives and Activities

Mind in Bradford operates across Bradford, Airedale, Wharfedale and Craven as one of more than 100 independent local minds throughout England and Wales. We rely on our own resources to provide services which have been designed to meet the needs of our community.

Mind in Bradford

Trustees' Report for the year ended 31 March 2024 (continued)

We help people of all ages at each step of their mental health journey from early intervention through to crisis support and recovery. Our services can be accessed over the phone, online and face-to-face. Support is free and available every day of the year to anyone who needs help with their mental health and wellbeing.

We believe that no one should experience a mental health problem alone and our purpose is to make the best possible difference to the mental health and wellbeing of the greatest number of people.

In line with a continued commitment to continuous improvement, Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.

Achievements and Performance

In 2023-24 our staff, volunteers and partners collectively supported 17,176 people through 53,523 interventions. The last year has continued to be a challenging one for many people across our region and our services saw a significant rise in the number of people accessing support (23% increase on 2022-23) with 7,432 individuals seeking help from us for the first time.

Some of the ways we supported people in 2023-24 included:

- 11,352 calls and live chats to Guide-Line
- 4,164 children and young people, aged 5 to 25, supported by the Youth in Mind partnership
- 6,028 crisis support sessions provided by Safe Spaces
- 3,664 attendances at wellbeing and recovery groups
- 3,139 sessions of 121 support via GP practices
- 5,318 completions of the wellbeing assistant on the Healthy Minds website
- 2,797 volunteer hours supporting delivery of our crucial services
- 493 calls and community visits by volunteer befrienders to people feeling isolated and lonely
- 400 attendances at our Hearing Voices groups and one-to-one Maastricht support

This year we have grown our workforce, office space, services and income which has allowed us to support more people with their mental health and wellbeing across the district.

We have added three new services to our portfolio; including Personal Health Budgets, KidsTime Workshops and transforming the Wellness Collaborative into Stepping Stones. KidsTime marked the first of its kind in the North and our first step towards whole-family and multi-family mental health support, whilst Personal Health Budgets has proven the impact of a non-clinical approach in helping people transition back to their local communities on hospital discharge.

We have continued to develop our crisis support offer, Safe Spaces, providing 13,725 sessions of support to 2,908 people experiencing mental health distress. This is 57% increase in the number of people supported in crisis compared to the previous year. The service received both local and national recognition through awards for 'frontline team of the year' and 'collaboration and partnership'.

Our children and young people's services continue to expand and alongside supporting more individuals than ever before, we have expanded them geographically to areas such as Keighley Central, Holmewood and Buttershaw.

Meanwhile, we have doubled down on our commitment to being there for people when and where they need us as Guide-Line, our live chat and telephone support service which is available 365 days a year, answered over 11,300 calls and live chats to people of all ages needing information, advice and support between 8am and midnight.

In the digital space the Healthy Minds website, for which we are the development partner, was redesigned and relaunched on World Mental Health Day [October 2023] and alongside the Mind in Bradford website has reached over 30,600 people during a busy 12 months.

Mind in Bradford

Trustees' Report for the year ended 31 March 2024 (continued)

Mission and Activities

Our purpose (why we exist) is to make the best possible difference to the mental health and well-being of the greatest number of people and we do this by:

- Providing early intervention advice and support.
- Supporting people in crisis.
- Building community and individual resilience for better mental wellbeing.
- Equipping and helping people to recover and sustain improved wellbeing.

Our services are designed to offer appropriate and timely support and are delivered directly or in collaboration with partners.

Providing early intervention advice and support

Guide-Line is our free telephone and live-chat service providing confidential, emotional support every day of the year. This service is one of our longest running and continues to be an integral source of support to people in Bradford District and Craven. This year we provided support to 692 people through 11,352 phone calls and live chats.

Enhanced Access and WISHH are our Primary Care based services that can be accessed by anyone registered with a GP in Bradford District and Craven. This year we offered 5,460 one-to-one appointments over the phone and these are often a first step to seeking help for your own or a family member's mental health.

Our Wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences and take part in activities in a welcoming environment. The groups consist of structured courses with a recovery focus like Six Weeks of Wellness and wellbeing activities like tribal drumming and Zumba. This year there were 3,664 attendances and contacts by 436 people at our recovery and wellbeing groups which have been extended into weekends and evenings.

Supporting people in crisis

Safe Spaces is our crisis support service in partnership with The Cellar Trust. The service offers a calm, non-clinical space for children, young people and adults across Bradford District and Craven who need urgent, same-day mental health support. This year, 2,592 people were supported who were experiencing emotional distress, with 6,028 sessions of support from Hubs in Bradford, Keighley and Shipley. This is a 40% increase in the number of people we supported in crisis in comparison to the previous year. Further support was delivered by the partnership with 3,746 attendances for drop-in support within school, cafe and community settings.

This year saw the launch of a new crisis support service, Hospital Buddies, providing one-to-one support to young people on the children's wards at Bradford Royal Infirmary and Airedale General Hospital. Wellbeing Workers based on the wards can support young people with anxiety around an operation, chronic health diagnosis, mental health admissions and anyone experiencing mental health distress. Since launching the service has supported 122 children and young people.

Building community and individual resilience for better mental wellbeing

As one of Bradford District and Craven's leading mental health providers we aim to be vocal and direct in our championing of mental health within our communities. Over the last 12-months we have used our local platform and unique position as part of the Mind network to talk openly and passionately about the challenges people from all backgrounds face.

Over 29,400 people visited our website, we attended 25 different local events where we provided community outreach activities to raise our profile and that of our services, we were mentioned in local media 18 times including newspaper and radio, and we ran a targeted advertising campaign online and in the community which increased the number of men and young people accessing our Guide-Line service, equating to 492 unique people compared to the previous year.

Mind in Bradford

Trustees' Report for the year ended 31 March 2024 (continued)

Mission and Activities (continued)

Meanwhile, the Healthy Minds website is your first step to mental health support in Bradford District and Craven. The site includes a directory of services including support groups, mental health advice and information. You can get personalised information tailored to your needs and preferences using the Support Finder. Over the last 12-months, over 23,200 people visited the Healthy Minds website and over 5,300 of those visitors used the website's Support Finder to find customised information and services in their local area.

Equipping and helping people to recover and sustain improved wellbeing

Youth in Mind (YIM) is a partnership of organisations – led by Mind in Bradford - that provide emotional and wellbeing support to children and young people aged 5 to 19 and up to 25 with additional needs. This year the partnership supported 3,712 children and young people with 13,667 support sessions, including one-to-one and group support.

Within the YIM partnership, Know Your Mind and Know Your Mind Plus are our dedicated children and young people's services supporting 8-25 year-olds. Over the last 12 months we have supported 360 young people with 1,848 sessions of one-to-one support. 95% of the young people we supported showed improvement after completing their 8 weeks of one-to-one support.

Midway through the year we launched the Kids Time workshops which marked the first of its kind in the north of England and our first step towards whole-family and multi-family mental health support. Ten families and a total of 37 people were supported via this innovative new programme.

We also re-imagined the Wellness Collaborative to become Stepping Stones which supports people through a series of therapeutic groups to enhance their wellbeing and reduce the need for a further clinical therapeutic intervention. The groups focus on equipping people to stay well and access further community-based support.

We supported 92 individual voice hearers by providing 400 interventions through our peer support groups and one-to-one Maastricht interviews. Clients often hear voices because they have experienced trauma, this service helps develop understanding of their voices and provides them with tools to help.

Community Companions is a befriending service for anyone in Bradford and Craven aged 18+ who is feeling lonely, isolated or struggling with their mental health. Volunteers are matched with clients to provide one hour of weekly support in-person, out in the community for up to three months. This year the service supported 74 individuals including outdoor walks and visits to local community groups and cafés. We saw an increase in attendees from ethnically diverse backgrounds thanks to volunteers facilitating sessions in Urdu and Punjabi.

SMI-LE provides additional practical wellbeing support for up to six weeks to help people registered with a Care Coordinator achieve their individual goals and aspirations. This might be locating more appropriate housing, help with employment, welfare and benefits or support people with their mental health and wellbeing. This year sessions of support were delivered to 297 people.

In the Serious Mental Illness and Physical Health Checks areas we have continued to evolve our offering via a Health Engagement Officer model which helped provide 142 direct support contacts. Since the project launched, we have delivered training on SMI and Physical Health Checks to a growing number of healthcare workers across Bradford District and Craven including GP practices and voluntary organisations. We have also developed a range of videos, leaflets and social media campaigns to inform and educate people.

Innovation has been key to delivering the right services in the right place at the right time and in 2023-24 we launched the Personal Health Budgets service which has proven the impact of a non-clinical approach in helping people transition back to their local communities on hospital discharge. Within one month of launch, we supported 13 people at a cost of £3,200, leading to a reduction of 39 bed days in hospital and savings of £47,000 for the local NHS.

Mind in Bradford

Trustees' Report for the year ended 31 March 2024 (continued)

Future

The year 2023/24 saw us bring the curtain down on a three-year strategy aimed at making the best possible difference to the mental health and well-being of the greatest number of people. Between 2021 and 2024 we have seen an almost 500% increase in the numbers of people receiving our help.

The year also marks the final year operating as 'Mind in Bradford' as we begin our next chapter as 'Bradford District and Craven Mind'. We believe that this name change will ensure people living outside Bradford will know that our services are here for them too.

We know there is still much more to do to ensure no-one has to face a mental health issue alone and we start a new four-year strategic cycle both with renewed commitment and on a robust footing.

As the numbers of people accessing our services continues to grow, we will focus on ensuring we are delivering in the right places and at the right times. We will reach out to understand and connect with all parts of our community in ways which reduce any traditional barriers to accessing our support.

For example, in January 2024, Mind in Bradford and strategic partners Staying Put were successful in a bid for five years' funding for a new programme for Ethnically and Culturally Diverse Communities (ECDC). The overall Vision of the programme is everybody from ethnically and culturally diverse communities can access mental health support how and when they need it. The Mission is to reduce mental health inequalities faced by culturally and ethnically diverse communities and to reduce system pressures through courageous decision making and transformational working. The ECDC programme will be mobilised in 2024-25.

Looking ahead we will continue to work closely with partner organisations, commissioners and service members to enable better mental health for all across our district, while ensuring we are positioned appropriately to help more people in the growing West Yorkshire commissioning landscape.

Our role as part of a vibrant national network of local Minds means we will continue to seek out opportunities to collaborate in a meaningful way, to share best practice and to learn from other likeminded organisations.

Financial Review

Mind in Bradford made a surplus in the year of £212,193 (2023: £90,667).

Total income for the year was £3,342,595 (2023: £2,711,783) of which £3,013,834 was grant support. Total expenditure was £3,130,402 (2023: £2,621,116) of which £2,367,575 was specific restricted costs and £750,752 unrestricted.

The total at 31 March 2024 of Mind in Bradford's "free reserves" was £625,564 (2023: £534,633) which is at the level required to meet the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £408,498 and related to twelve specific projects and is committed to be spent in 2024/25.

Fundraising

Despite the ongoing challenging economic conditions in Bradford District and Craven, we are grateful for the efforts from our supporters and funders. Thank you to everyone that has raised, donated and funded £129,489 in unrestricted income towards our mental health services this year. By raising money, our supporters not only funded services but also raised awareness of mental health and the support available throughout Bradford District and Craven.

Mind in Bradford

Trustees' Report for the year ended 31 March 2024 (continued)

Fundraising (continued)

Our supporter highlights:

- Six new funders including Garfield Weston Foundation, Sovereign Healthcare and Sport England.
- £12,000 in corporate donations to a winter appeal which involved sponsoring a bauble on a virtual tree.
- Our first Great Yorkshire Abseil challenge at the Ilkley Cow and Calf which raised £4,000.
- The creation of a business steering group involving key local businesses to provide insight, advice and feedback on our corporate offer.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees and follow the Code of Fundraising Practice set out by the Fundraising Regulator, the independent regulator of charitable fundraising in England, Wales and Northern Ireland.

We have not received any complaints in relation to our fundraising practice for the year under review.

Remuneration of Key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

Mind in Bradford

Trustees' Report for the year ended 31 March 2024 (continued)

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short-term nature and economic pressures of some statutory funding which leads to uncertainty for both the staff and the organisation.
- The ability to attract, develop and retain a workforce that has the skill sets critical to the success of the business and is reflective of the communities we seek to serve.
- The challenging economic climate and our ability to diversify our traditional sources of income to reduce any over reliance of any one single source.
- The ability to appropriately evidence the impact of our services to retain existing work or attract new opportunities.

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Statement of the Responsibilities of the Trustees

Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

Mind in Bradford

Trustees' Report for the year ended 31 March 2024 (continued)

Auditors

Azets Audit Services Limited were appointed as auditor to the charitable company and are deemed to be reappointed under section 487(2) of the Companies Act 2006.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on 28 November 2024

R Mulryne Colman

Ruth Mulryne Colman

Trustee

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its surplus, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
- from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Extent to which the audit was considered capable of detecting irregularities, including fraud.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias; and
- Performing audit work over the timing and recognition of revenue and in particular whether it has been recorded in the correct accounting period.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jessica Lawrence

10/12/2024

Jessica Lawrence
Senior Statutory Auditor

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For and on behalf of Azets Audit Services Limited
Statutory Auditor

12 King Street
Leeds
LS1 2HL

Mind in Bradford

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2024

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2024 £	Total funds 2023 £
Income						
Donations and Other Income	2	158,289	-	23,158	181,447	141,939
Charitable Activities	4	537,752	-	2,476,082	3,013,834	2,542,679
Investment Income	3	147,314	-	-	147,314	27,165
Total Income		843,355	-	2,499,240	3,342,595	2,711,783
Expenditure						
Charitable Activities	5	750,752	12,075	2,367,575	3,130,402	2,621,116
Total Expenditure	5	750,752	12,075	2,367,575	3,130,402	2,621,116
Net income/(expenditure) before transfers						
	7	92,603	(12,075)	131,665	212,193	90,667
Transfers between funds	15	(1,672)	(642)	2,314	-	-
Net movement in funds		90,931	(12,717)	133,979	212,193	90,667
Funds brought forward		534,633	55,895	274,519	865,047	774,380
Funds carried forward	16	625,564	43,178	408,498	1,077,240	865,047

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 16 to 30 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2023 is shown at note 23.

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Mind in Bradford

Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Current Assets			
Debtors	10	327,619	723,652
Current Asset Investments	11	3,717,004	1,011,558
Cash at Bank and in Hand		1,023,921	1,353,785
Total Assets		5,068,544	3,088,995
Creditors: Amounts Falling Due Within One Year			
	12	(3,991,304)	(2,223,948)
Net Current Assets		1,077,240	865,047
Net Assets	16	1,077,240	865,047
Funds of the Charity			
Unrestricted Funds		625,564	534,633
Restricted Funds	14	408,498	274,519
Designated Funds	15	43,178	55,895
Total Funds	16	1,077,240	865,047

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 28 November 2024.

C Green
Trustee

C. Green.

Company registration number: 07504966

Mind in Bradford

Statement of Cash Flows for the Year Ended 31 March 2024

	Note	2024	2023
		£	£
Cash flows from operating activities	22	2,232,068	1,169,223
Cash flows from investing activities			
Interest income		143,514	22,715
Increase in cash equivalents in the year		2,375,582	1,191,938
Cash equivalents at the beginning of the year		2,365,343	1,173,405
Total cash equivalents at the end of the year		4,740,925	2,365,343

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have prepared financial projections, taking into consideration the current economic climate. They have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future, and have adequate contingency plans in the event that income streams are reduced. Consequently the financial statements have been prepared on the basis that the charity is a going concern.

Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement and the amount can be quantified with reasonable accuracy.

Donations and legacies, are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

1. Accounting Policies (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Staff costs

The costs of short term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors, cash and bank balances and current asset investments, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

1. Accounting Policies (continued)

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

1. Accounting Policies (continued)

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2024 £	2023 £
Donations	129,489	109,760
Training Income	6,155	4,994
Membership Fees	140	86
Staffing Income	39,220	27,099
Honorarium	6,443	-
	181,447	141,939

Included within current year Staffing Income of £39,220 is restricted income of £23,158. All other income above is unrestricted.

3. Investment Income

	2024 £	2023 £
Bank Interest Received	143,514	22,715
Room Hire	3,800	4,450
	147,314	27,165

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

4. Income from Charitable Activities:

	2024 £	2023 £
Unrestricted Funds:		
Bradford & District Care NHS FoundationTrust	-	50,000
NHS West Yorkshire ICB	335,571	452,329
City of Bradford MDC Mental Health Grant	-	62,044
The VCS Alliance	161,528	119,946
Primary Care Network – WISHH	36,960	30,909
Other	3,693	6,905
	537,752	722,133
Restricted Funds:		
NHS West Yorkshire ICB:		
Youth in Mind	799,258	653,079
Guideline	315,625	97,500
Know Your Mind	143,000	143,000
Serious Mental Illness	123,369	138,521
Community Companions	88,956	62,578
Healthy Minds	76,896	69,158
Hearing Voices – Maastricht Delivery	22,429	20,997
Sanctuary & Resilience Funding	-	25,507
Bradford & District Care NHS Foundation Trust:		
SMI-LE	150,000	97,500
Guideline Additional hours	50,000	-
Personal Health Budgets	33,333	-
Stepping Stones (Wellness Collaborative)	41,496	24,147
Kids Time	15,000	-
National Association for Mental Health:		
Grant for IT	-	15,000
West Yorkshire collaboration grant	-	3,300
Other funders:		
Enterprise Development Fund - Social Investment Training Lead Fund	-	4,719
Digital Enterprise - Connectivity grant	-	3,000
The Cellar Trust – Safe Spaces	616,720	462,540
	2,476,082	1,820,546
Total income from charitable activities	3,013,834	2,542,679

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

5. Charitable Activities

	2024 £	2023 £
Wages and Salaries	1,642,391	1,212,835
Employers National Insurance	121,045	80,019
Pension Costs	40,820	28,901
Employees Health and Life Cover	21,249	13,632
Payroll Costs	2,920	2,520
Staff Engagement & Recognition	16,446	-
Cleaning and Domestic	9,240	-
IT Contracts, Software and Hardware	39,145	-
Recruitment Costs	9,938	6,170
Service Delivery Operational Costs	707,883	909,047
Fundraising	8,481	11,702
Volunteer Expenses	3,719	1,573
Staff Training and Development	18,729	14,787
Staff Supervision	6,285	5,415
Printing and Copying	2,419	-
Repairs and Renewals	44,994	1,304
Rent and Rates	24,765	30,019
Light, Heat and Water	28,674	23,616
Insurance	804	822
Office Supplies and Equipment	3,223	-
Publicity and Promotion	11,204	9,835
Telephone	24,531	23,267
Travel Costs	5,597	738
Refreshment Costs	1,326	825
	2,795,828	2,377,027
Share of support costs (see note 6)	299,373	227,544
Share of governance costs (see note 6)	35,201	16,545
	3,130,402	2,621,116

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

6. Support Costs

	Support costs	Governance costs	2024 £
Wages and Salaries	195,933	-	195,933
Employers National Insurance	19,976	-	19,976
Pension Costs	5,718	-	5,718
Outsourced payroll costs	12,452	-	12,452
Cleaning and Domestic	3,080	-	3,080
IT Contracts, Software and Hardware	13,048	-	13,048
HS Consultancy	1,246	-	1,246
Printing and Copying	806	-	806
Rent and Rates	11,255	-	11,255
Repairs and Renewals	2,533	-	2,533
Light, Heat and Water	9,558	-	9,558
Insurance	10,723	-	10,723
Office Supplies and Equipment	1,075	-	1,075
Telephone	8,177	-	8,177
Bank Charges	78	-	78
Subscriptions and Memberships	3,715	-	3,715
Audit and Accountancy Fees	-	13,410	13,410
Professional Fees	-	21,557	21,557
Trustee Expenses	-	234	234
	299,373	35,201	334,574

	Support costs	Governance costs	2023 £
Wages and Salaries	141,174	-	141,174
Employers National Insurance	15,785	-	15,785
Pension Costs	4,335	-	4,335
Cleaning and Domestic	9,265	-	9,265
IT Contracts, Software and Hardware	32,180	-	32,180
HS Consultancy	1,200	-	1,200
Printing and Copying	1,966	-	1,966
Rent and Rates	3,336	-	3,336
Repairs and Renewals	145	-	145
Light, Heat and Water	2,624	-	2,624
Insurance	8,265	-	8,265
Office Supplies and Equipment	2,831	-	2,831
Telephone	2,585	-	2,585
Bank Charges	110	-	110
Subscriptions and Memberships	1,743	-	1,743
Audit and Accountancy Fees	-	11,478	11,478
Professional Fees	-	4,736	4,736
Trustee Expenses	-	331	331
	227,544	16,545	244,089

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

7. Net Income/ (Expenditure) for the Year

This is stated after charging:	2024	2023
	£	£
Operating lease charges	34,859	32,379
Auditor's remuneration:		
Audit fees	9,275	7,750
Financial Statements preparation	1,900	1,815

The amounts stated above are inclusive of irrecoverable VAT.

8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 20.

9. Employees

Number of Employees

The average monthly number of employees during the year was:

	2024	2023
Staff	104	81

Staff Costs

	2024	2023
	£	£
Wages and Salaries	1,838,324	1,354,009
Social Security Costs	141,021	95,804
Other Pension Costs	46,539	33,235
Employees Health and Life Cover	21,249	13,632
	2,047,133	1,496,680

The key management personnel of the charity are the Chief Executive Officer, Deputy Chief Executive Officer and Business Development Director. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £198,998 (2023 - £140,707).

Employees earning more than £60,000 per annum:

	2024	2023
£60,000 to £70,000	1	1

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

10. Debtors

	2024 £	2023 £
Trade Debtors	267,076	681,048
Prepayments and Accrued Income	60,543	42,604
	327,619	723,652

11. Current Asset Investments

	2024 £	2023 £
Charity Deposit Fund	3,717,004	1,011,558

12. Creditors: Amounts falling due within one year

	2024 £	2023 £
Trade creditors	41,212	32,609
Accruals	67,799	110,144
Other Taxes and Social Security Costs	41,840	27,738
Deferred Income	3,840,453	2,053,457
	3,991,304	2,223,948

13. Deferred Income

	2024 £	2023 £
At 1 April 2023	2,053,457	546,925
Amount released to income	(447,051)	(163,647)
Amount deferred in the year	2,234,047	1,670,179
At 31 March 2024	3,840,453	2,053,457

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

14. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2024	Movement in Funds			Balance at 31 March 2024	
	Balance at 1 April 2023	Income	Expenditure		Transfers
NHS West Yorkshire ICB					
Community Companions	9,856	88,956	(96,256)	-	2,556
Youth in Mind	9,000	799,258	(745,258)	-	63,000
Serious Mental Illness	-	123,369	(123,369)	-	-
Healthy Minds	14,577	76,896	(79,073)	-	12,400
Community Transformation	26,446	-	-	-	26,446
Know Your Mind	35,560	143,000	(166,864)	-	11,696
Hearing Voices - Maastricht Delivery	18,271	22,429	(33,714)	-	6,986
Guideline	67,229	365,625	(360,387)	2,610	75,077
Bradford & District Care NHS Foundation Trust					
SMI-LE	-	150,000	(94,994)	-	55,006
Kids Time	-	15,000	(8,539)	-	6,461
Stepping Stones (Wellness Collaborative)	-	41,496	(31,959)	-	9,537
Personal Health Budgets	-	33,333	(13,650)	-	19,683
Other funders					
National Association for Mental Health – grant for IT	4,342	-	(4,342)	-	-
The Cellar Trust – Safe Spaces	89,238	639,878	(609,170)	(296)	119,650
	274,519	2,499,240	(2,367,575)	2,314	408,498

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

14. Restricted Funds (continued)

As at 31 March 2023	Movement in Funds			Balance at 31 March 2023	
	Balance at 1 April 2022	Income	Expenditure		Transfers
NHS West Yorkshire ICB					
Community Companions	8,167	62,578	(60,889)	-	9,856
Youth in Mind	61,600	653,079	(705,679)	-	9,000
Serious Mental Illness	-	138,521	(138,521)	-	-
Healthy Minds	10,771	69,158	(65,352)	-	14,577
Community Transformation	30,784	-	(4,338)	-	26,446
Know Your Mind	52,211	143,000	(159,651)	-	35,560
Hearing Voices - Maastricht Delivery Guideline	31,196	20,997	(33,922)	-	18,271
	20,705	123,007	(76,483)	-	67,229
Bradford & District Care NHS Foundation Trust					
SMI-LE	-	97,500	(97,500)	-	-
Stepping Stones (Wellness Collaborative)	-	24,147	(24,147)	-	-
Other funders					
National Association for Mental Health – grant for IT	-	15,000	(10,658)	-	4,342
Enterprise Development Fund – Social Investment Training Lead Fund	-	4,719	(4,719)	-	-
National Association for Mental Health – West Yorkshire collaboration grant	-	3,300	(3,300)	-	-
Digital Enterprise - Connectivity grant	-	3,000	(3,000)	-	-
The Cellar Trust – Safe Spaces	-	462,540	(373,302)	-	89,238
	215,434	1,820,546	(1,761,461)	-	274,519

NHS West Yorkshire ICB:

Community Companions - Funding for a befriending support service for anyone feeling lonely, isolated or alone. This funding enabled us to recruit, train and retain volunteers to deliver befriending support throughout Bradford District and Craven.

Youth in Mind - Funding to be the Youth in Mind (YIM) Lead Provider; YIM is a partnership of providers who deliver school, community and hospital-based support to CYP across Bradford District and Craven who are struggling with their mental, emotional or social wellbeing.

Serious Mental Illness - Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI.

Healthy Minds Funding to support the development and implementation of Healthy Minds which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing for the Bradford District and Craven.

Community Transformation - Non-recurrent funding received to provide transformative work within the community as and when the need dictates.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

14. Restricted Funds (continued)

NHS West Yorkshire ICB:

Know Your Mind - Funding for our dedicated children and young people's service offering a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

Hearing Voices - Maastricht Delivery Funding to continue as a Maastricht Interview Centre in partnership with other organisations to work with people who are hearing voices, understanding links between life experiences and voices to aid recovery.

Guideline Funding for a free and confidential telephone helpline Guide-Line also featuring an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

Bradford and District Care NHS Foundation Trust:

SMI-LE - Funding received to enhance community-based support for people with a mental health illness. This initiative supports people currently assisted by, or awaiting a Care Coordinator within the Community Mental Health Team. By partnering with local voluntary care organisations, SMI-LE will provide comprehensive wraparound care that addresses specialist areas affecting people's overall mental wellbeing such as housing or finances. SMI-LE aims to keep people well within the community, foster integration into additional community-based resources, and prevent escalation into further distress.

Kids Time Funding to extend the KidsTime Workshops offer which provide fun, supportive group sessions for families where a parent or carer has been diagnosed with a mental illness. The workshops offer a safe, relaxed and non-judgmental space for families to come together to learn and talk about mental illness, without shame or stigma.

Stepping Stones (Wellness Collaborative) Non-recurrent funding to support those on waiting lists for psychological support. The project brings together numerous organisations to offer a mixture of one-to-one and group peer support.

Personal Health Budgets Funding received to provide an ongoing service which manages one-off Personal Health Budgets which can support people to achieve specific goals or outcomes enabling supported self-management and mental health recovery following hospital discharge.

The Cellar Trust – Safe Spaces

Funding received to provide a crisis service, providing a critical out of hours support to adults and children experiencing mental or emotional distress. This reduces the demand on GPs, specialist services and A&E, improving access to non-medicalised support, treatment, information and advice.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

15. Designated Funds

As at 31 March 2024	Balance at 1 April 2023	Movement in Funds			Balance at 31 March 2024
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	12,822	-	-	2,178	15,000
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	5,998	-	-	(2,820)	3,178
Expansion of Leadership Team	12,075	-	(12,075)	-	-
	55,895	-	(12,075)	(642)	43,178

As at 31 March 2023	Balance at 1 April 2022	Movement in Funds			Balance at 31 March 2023
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	12,822	-	-	-	12,822
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	5,998	-	-	-	5,998
Expansion of Leadership Team	-	-	(29,375)	41,450	12,075
	43,820	-	(29,375)	41,450	55,895

Legacy Funding

Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

16. Analysis of Net Assets by Fund

As at 31 March 2024	Tangible fixed assets	Net current assets	Total
	£	£	£
Restricted funds	-	408,498	408,498
Unrestricted general funds			
General	-	625,564	659,517
Designated	-	43,178	43,178
	-	1,077,240	1,111,193

As at 31 March 2023	Tangible fixed assets	Net current assets	Total
	£	£	£
Restricted funds	-	274,519	274,519
Unrestricted general funds			
General	-	534,633	534,633
Designated	-	55,895	55,895
	-	865,047	865,047

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

17. Commitments under Operating and Financial Leases

At 31 March 2024 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2024	2023
	£	£
Expiry Date		
Within one year	29,440	27,161
Between two and five years	1,164	1,088
	30,604	28,249

18. Capital commitments

At 31 March 2024 the charity had capital commitments contracted for but not provided in the financial statements as follows

	2024	2023
	£	£
Acquisition of tangible non-current assets	11,794	-

19. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

20. Related party transactions

Trustee expenses of £233 were reimbursed during the year (2023: £nil), none of the trustees received remuneration or benefits from the charity during the year (2023: £Nil).

During the year Mind in Bradford paid £2,124 (2023: £4,894) to Schofield Sweeney LLP for legal fees. Andrew Hurst who is a trustee of Mind in Bradford is an LLP Member of Schofield Sweeney LLP.

During the year Mind in Bradford received various funding from Bradford District Care NHS Foundation Trust. Of this, £230,000 (2023 - Nil) related to the Serious Mental Illness service and is held in deferred income at the year end. Jaspreet Sohal is Clinical Director of Pharmacy & Physical Health and Wellbeing Services at Bradford District Care NHS Foundation Trust and is influential in the funding of this service. She has no influence over any other funding receivable from Bradford District Care NHS Foundation Trust.

21. Contingent Liability – Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multiemployer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £2,587 (2023: £3,178) and there is no indication that this has increased materially at 31 March 2024. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

22. Reconciliation of net movement in funds to net cashflow from operating activities:

	2024 £	2023 £
Net movement in funds	212,193	90,667
Deduct interest income	(143,514)	(22,715)
Increase in debtors	396,033	(471,858)
Increase in creditors	1,767,356	1,573,129
	2,232,068	1,169,223

The charity had no net debt at the current or prior year end.

23. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2023

	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2023 £
Income				
Donations and Other Income	141,939	-	-	141,939
Charitable Activities	722,133	-	1,820,546	2,542,679
Investment Income	27,165	-	-	27,165
Total Income	891,237	-	1,820,546	2,711,783
Expenditure				
Charitable Activities	830,280	29,375	1,761,461	2,621,116
Total Expenditure	830,280	29,375	1,761,461	2,621,116
Net income/(expenditure) before transfers	60,957	(29,375)	59,085	90,667
Transfers between funds	(41,450)	41,450	-	-
Net movement in funds	19,507	12,075	59,085	90,667
Funds brought forward	515,126	43,820	215,434	774,380
Funds carried forward	534,633	55,895	274,519	865,047