

## Job description

# Community Wellbeing Worker - Hospital Buddies

### Main purpose of the post

We are currently looking for a Practitioner to support our Hospital Buddies service on a relief cover basis. This is an exciting opportunity to make a real difference to children and young people's (CYP) lives whilst in the hospital.

The role will be supporting children and young people in the acute trust, on site at Airedale General Hospital and Bradford Royal Infirmary. Support from Hospital Buddies is available seven days a week.

Wellbeing Workers on the wards support children and young people with issues ranging from anxiety around an operation, coming to terms with a chronic health diagnosis, to mental health admissions and crisis.

This service is delivered in partnership with the hospital ward staff and CAMHS to ensure children and young people get the best wrap around care whilst in hospital.

Most of the work will be undertaken on the Paediatrics ward across both hospitals, although there will be opportunity to visit children and young people (CYP) in A&E, as appropriate. The content of the sessions will focus on de-escalation, wellbeing, coping strategies & resilience, short term goals and signposted provision following discharge.

### Key Duties

- To develop and deliver outcomes-focussed and evidence-based 1-1 interventions to CYP aged 5-19 years. Interventions will be delivered face to face and will be aimed at improving CYP mental wellbeing. You will be required to travel to the hospital and work in partnership with the ward staff

- To develop session plans for structured programmes using a goal-based, child-led approach, as well as to find, create, and use appropriate tools and resources to support CYP services.
- To motivate, lead and encourage service member participation by providing a welcoming, safe, non-judgemental and flexible environment for CYP to discuss their wellbeing or concerns.
- To work in partnership with CYP, parents, carers, families and delivery partners in development of plans and agreed outcomes, and support and empower all to make informed choices about interventions offered.
- To promote equity, diversity and inclusion in service development and delivery.
- To input and maintain timely records such as up to date electronic service member records (including monitoring outcomes and gathering feedback); case studies for discussion, personal development and service improvement.
- To independently undertake and record risk assessments and follow safeguarding procedures, responding promptly to all concerns, with support from Service Manager.
- To actively support and promote all aspects of the service and enhance the public image of Bradford District and Craven Mind (BDC Mind), including supporting promotional events and community fundraising.
- To work effectively with, and to support other co-workers on shift and attend and contribute to regular team meetings.
- To participate in constructive supervision and internal/external staff development including team meetings, appraisals and mandatory training related to the role.
- To work in alignment with the aims, objectives and core values of Bradford District and Craven Mind.
- To understand and share responsibility with colleagues to ensure compliance with Health and Safety, Safeguarding, Information Gathering, and Equality & Diversity standards, along with adherence to all other Company policies.
- To undertake any other reasonable duties or tasks deemed necessary by the Leadership Team.

## Person Specification

Criteria	Essential
<b>Qualification and Knowledge</b>	<ul style="list-style-type: none"> <li>• Evidence of ongoing professional development.</li> <li>• An understanding of current issues and debates in mental health and how they might affect our service members.</li> <li>• An understanding of current difficulties for CYP in Bradford District and Craven, and how this may affect their wellbeing.</li> <li>• Knowledge of other community organisations in Bradford District and Craven that can help BDC Mind service members.</li> <li>• Understanding of best practice approaches to child safeguarding</li> </ul>
<b>Experience</b>	<ul style="list-style-type: none"> <li>• Experience of working with children and young people with mental health difficulties.</li> <li>• Experience of working in a mental health, education, community or youth justice setting.</li> <li>• Experience working in a multi-agency way</li> <li>• Experience of supporting CYP in a clear, concise, meaningful and non- judgmental way.</li> <li>• Experience of responding to safeguarding concerns and conducting risk assessments.</li> </ul>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Excellent proven communication, administration and organisational skills</li> <li>• Excellent IT Skills, including use of differing systems, data bases, Microsoft packages and Outlook</li> <li>• Ability to read, analyse and present quantitative and qualitative data</li> <li>• Ability to work well under pressure and to a consistently high standard</li> <li>• Ability to encourage, engage and involve CYP in ways that promote their involvement, independence, resilience and achieve positive changes in their lives</li> </ul>
<b>Attitude and personal attributes</b>	<ul style="list-style-type: none"> <li>• Inclusive and welcoming approach</li> <li>• Self-motivated and enthusiastic approach, with a can-do attitude and commitment to providing person-centred services</li> <li>• Passionate and dedicated approach</li> <li>• Understanding of and commitment to Bradford District and Craven Mind’s values</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Willingness to travel to cover shifts across both trusts</li> </ul>

