

OUR TIME CHARITY

KIDSTIME WORKSHOPS

Bradford &
Craven

Friendly workshops
for families
where a parent or
carer has a mental
health difficulty

Location & times

Rainbow Hub: 1st Thursday of each month
Rainbow family hub
Rainbow, Braithwaite Grove,
Keighley, BD22 6JB

Barkerend Hub: 2nd Thursday of each month
Barkerend family hub,
365 Barkerend Road,
Bradford, BD3 8QX

Reevy Hill Hub: 3rd Thursday of each month
Reevy Hill family hub,
Bedale Drive,
Bradford, BD6 3ST

Confidentiality

Everything discussed is always confidential, unless we think you or your child are at risk.

Register to join a workshop

Please discuss with a member of your care team for further information in how to access these workshops.

Workshops
supported by

OUR TIME CHARITY

Find resources and join
our community at
ourtimecharity.org.uk
[@ourtimecharity](https://www.instagram.com/ourtimecharity)